

IMPROVE CHRONIC CONDITION CARE WITH EXPERT GUIDANCE

Dedicated healthcare professionals (including Registered Nurses, Registered Dietitians and Health Coaches) work with you one-on-one to improve your care journey and health.



Marpai Chronic Condition Management is a **FREE** and **CONFIDENTIAL** program that is covered by your health plan.

Find Support If You

- Take multiple medications
- Have a chronic condition, such as high blood pressure or diabetes
- Want to improve your overall health in some way, such as quitting smoking or eating healthier
- Have an interest in learning more about preventive care services
- Want to learn more about the resources available to you to help manage your health

How it Works

1. You may receive a call, email, text or letter letting you know about our Marpai Chronic Condition Management program.
2. To see if you are eligible for Marpai Chronic Condition Management, call **1-800-817-2259** or email **care@marpaihealth.com**. Your care team will reach out to you through your preferred method of contact.
3. When you meet with your care team, you will discuss many different important health needs such as:
 - Review your health goals
 - Discuss your current health status
 - Discuss your medications and treatment plans
 - Obtain helpful resources and guidance
4. The benefits of working with the care team, include:
 - A better understanding of your current health and well-being
 - Awareness of how you can manage your condition(s), access medication(s), obtain free educational materials and learn about available resources
 - Creating personal goals for the management of your health
 - Learning about the benefits of making changes in your lifestyle to improve your overall health

We work with health plan members facing many chronic conditions including:

- Heart conditions
- Respiratory conditions
- Diabetes
- Maternity
- Weight management
- Nicotine cessation
- Asthma
- High blood pressure
- High cholesterol
- Kidney Disease
- Depression

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